



Report on 'Development of Interpersonal Skills': 2019-20

Name of the Activity: 'Development of Interpersonal Skills'

Date: 4th January, 2020.

Venue: Auditorium

Conducted by: Prof. Kumaraswamy

Attended by: II, IV and VI Semester B.Com Students

Organized: Department of Commerce, SFS College

Interpersonal communication is the process of exchange of information, ideas and feelings between two or more people through verbal or non-verbal methods. It often includes face-to-face exchange of information, in a form of voice, facial expressions, body language and gestures. Good interpersonal skills 'oil the wheels' of these interactions, making them smoother and pleasanter for all those involved.

Interpersonal skill allows us to build better and long-lasting relationships. People with strong interpersonal skills tend to build good relationships and can work well with others. They understand family, friends and coworkers well. Thus, it is very important to ensure that there is a good relationship between students from diverse cultures and traditions.

The department of Commerce of St. Francis de Sales College organized activity for the students of B.Com on 4th January, 2020. It was an interactive session by Prof. Kumaraswamy where he addressed the importance of developing interpersonal skills and working together as a group. The students were divided into groups of 15 and tasks were given. The task was to come up with a solution to any problem in the society. Students came up with creative solutions; this was done in order to make the students aware of the advantage of team work. All the teams presented well and feedback was given for better team management. It was a very interesting session with many activities which helped the students to understand the importance of Interpersonal skills and overall development. All the students participated with great Zeal.

The Objectives of 'Developing Interpersonal Skills' session was:

- Improve Verbal Communication
- Teamwork
- Creative Thinking

Some of the key takeaways from the session were as follows:

- Teach yourself to be positive by reminding yourself every day of the good things about your life and your job
- Acknowledge others' expertise. It will help solidify your relationships with them.
- Practice active listening. The speaker will feel respected and you're likely to be able to recall the conversation more easily afterwards.
- Be assertive. Be confident in your ability and opinions, and don't be afraid to express your needs, as well as your limits.
- Practice empathy. Gain a well-rounded view of things by putting yourself in other people's shoes. This will help you develop empathy for others, which in turn goes a long way in finding solutions that work for all involved.
- Maintain your relationships. Connect with college friends and former colleagues on social media or through email; try to set up face-to-face meetings now and then. This shows your connections that you still value the relationship—and that can go a long way in helping you advance your career.



Naveen

Internal Quality Assessment Cell
St. Francis de Sales College
Electronics City Post, Bangalore - 560 100

Royce

PRINCIPAL
St. Francis de Sales College
Electronics City Post, Bangalore - 560 100

ROLL NO.	NAME
19C241	ABISHEK S SHIVAKUMAR
19C242	AJITH KRISHNA S
19C243	AMRUTHA S
19C244	ANIL S
19C245	ANITAMARY BUDDINI
19C247	BHAVANA B V
19C248	BRINDA ROSELINE
19C249	CHAITHRA V
19C250	DHANALAKSHMI. V
19C251	DIVYA P
19C252	DURGAVATHI G
19C253	GIBS A K
19C254	GOPI D
19C255	GOWTHAM S
19C256	JAGADISH B
19C257	JAYANTH D K
19C258	JAYANTH M
19C259	JAYANTH. B D
19C260	JESWIN S
19C261	KEERTHANA A
19C262	KIRAN KUMAR MEREGE
19C264	MAHESH J JOTHESHA
19C265	MANASA S
19C266	MANIKANDAN M
19C267	MANJUNATH R
19C268	MANOJ J
19C269	MANOJ N
19C270	MONISH PAWAR S
19C271	MURALI V
19C272	NANDEEP K
19C273	NAVEEN T
19C274	NAVEENRAJ V
19C275	NIJA M

19C276	PAVAN M
19C277	PAWAN K
19C278	PRADEEP MARUTHI GURAVA
19C279	PRIYA NARE
19C280	PRIYA S
19C281	PUSHPA Y
19C282	RAJESHWARI G GOPAL
19C283	RAKSHITHA L
19C284	SAHIL SUBBA
19C285	SINDHU S M
19C286	SOWMYA S
19C287	SRIKANTH R
19C288	STEEVO JOSE
19C289	SUKANYA M
19C290	SWATHI K
19C291	UMA S
19C292	VENKATESH R
19C293	VIJAY V
19C294	VINAY K
19C295	VINOD C
19C296	VINODHINI. K
19C297	JOHN BASCO A
19C298	ANJU SURESH
19C300	MARTIN R
19C301	MARESH M
19C302	S C DARSHAN
19C303	ROOPA S
19C304	ANISH KUMAR E
19C305	TIJO JOB
19C246	ARUN KUMAR
19C263	MADHUMITHA
18C226	ANKIT SRINIVASA
18C227	ASHA AROGYA PRIYA
18C229	CHAITHRA G

18C232	DEEKSHITHA C
18C233	DIVYA M
18C234	GUNAVATHI S
18C235	HARSHITHA M
18C236	HEMANTH C
18C237	KAMAKSHI A
18C238	KAVITHA M
18C239	KAVYA J
18C241	KAVYA S
18C242	KESHAV MOORTHY R
18C243	KISHORE B
18C244	KISHORE H S
18C245	LAVANYA C N
18C246	LAVANYA R K
18C247	MADHUSHREE K
18C248	MAMATHA D
18C250	MANOJ M R
18C251	MEENA E
18C253	MOHIT NAIR
18C254	MONISH KUMAR P
18C255	MONISHA V
18C256	NANDITHA H
18C257	NAVEENKUMAR V
18C258	NAVYA JOHN
18C259	NAWAZ KHAN
18C260	NETHRAVATHI S
18C261	PRAVIN M
18C262	PREETHI C
18C263	PUNITHKUMAR S
18C264	RADHASHREE M
18C265	RAKESH CHOUDHARY K
18C267	RANJITH
18C268	RANJITHA B

18C269	REKHA R
18C270	SANJAY K
18C273	SHAESTHA U
18C274	SHILPA S
18C276	SHWETHA K R
18C277	SHWETHA SHREE H R
18C278	SIJU BABU
18C279	SOUJANYA GRACE B
18C280	SUBASH KUMAR SINGH
18C281	SURESHA S
18C282	TEJASWINI S
18C283	USHA SHREE A
18C284	VARUN KUMAR V
18C286	VIDYA SHREE S
18C287	VIGNESH P
18C288	VIKAS V
18C289	YAMUNA N C
18C291	AKASH K B
18C292	ANCYLEENA D
18C293	S BALAKRISHNAN
18C295	JAYAPRAKASH D
18C296	VISHAL VIKRAMAN
T18C297	MONICA
T18C298	SWETHA S
T18C299	SHAFREEN SULTANA
T18C300	PAVTITHRAN M
T18C301	GAYATHRI S CHOUDHARY
T18C302	DOLLY U BHONSLE
T18C303	TANVEER ULLA SHERIFF
T18C304	PUSHPA G
T18C305	NITHYA S SHREE N
T18C306	LALITHA KULDEEP
T18C307	MOHAMMED MUBHERAK M

T18C308	VISHWANATHAN P
T18C309	HARISH R
T18C310	NAVEEN KUMAR K S
18T002	AMAL JOSE
18T004	DHANU SHREE R
18T006	GURURAGHAV K
18T007	JACOB KIRUPAKARAN J
18T009	JERIN MATHEW
18T011	JISHNU K K
18T012	JOMON T J
18T013	KARTHIK S
18T014	MARGARET
18T015	MOHAMMAD KAUNAIN S
18T016	NAVEEN KUMAR S
18T017	NAVEEN M
18T018	NAYAN M
18T019	PAWAN M
18T020	POOJA M
18T021	PRADEEP B M
18T022	PRAKASH H
18T023	RAHUL ANTONY D COUTO
18T024	RAHUL KUMAR DAS
18T025	RANJITHKUMAR B
18T026	SACHIN SINGH
18T027	SANGEETHA S
18T028	SHIVARANJINI
18T030	SUSHMA K M
18T031	SWARUPA P
18T032	VARSHA S
18T033	VENKATESH N
18T036	YUVARAJ G
18T037	LAVANYA N
18T039	VISHNUDAS K T

18T041	SANKALP G SEN
18T042	JAGADISH S
18T044	BHAVESH P PATHAK
18T046	MESHAK IMMANUAL M
18T047	IMMANUEL B
18T048	AKHIL DEV E S
18T049	SANDEEP K R
18T050	SUMITH S
18T051	ANANDU KRISHNAN
18T052	NITHISH KUMAR M
18T053	MANOJ M
18T054	KIRAN KUMAR D S
18T055	SOWMYA C N
18T058	ARUN JOY
18T059	SOMASHEKAR Y

Internal
St Fr
Electronics

Rayle
Principal
St. Francis de Sales College
Electronics City Post, Bangalore - 560 100.

Rayle
PRINCIPAL
St. Francis de Sales College
Electronics City Post, Bangalore - 560 100