



## Best Practice 1

### “Mind Craft: Nurturing Young Scholars – the Wednesday Seminar”

#### Proofs/Evidence of Success

#### **Introduction**

“Mind Craft: Nurturing Young Scholars – the Wednesday Seminar” as a best practice nurtures research skills in students, starting from the Undergraduate (UG) level. It fosters presentation, research and publication abilities, fostering critical thinking and aligning with UN’s SDGs, promoting research engagement.

The concept of Wednesday Seminar was conceived in the year 2013. The concept was brought into shape as weekly seminar on all Wednesdays. Wednesday Seminars gave way for students to speak about their viewpoints and share their knowledge.

An initiative by SFS college has outgrown its vision. Wednesday seminar was initiated to build skills among students as most of them were first generation candidates.

The following are the evidence of success for this impactful best practice:

#### **1. Increased Research Engagement: Growing student involvement**

Over the last 5 years, nearly 540 papers have been presented with nearly 1105 students getting an opportunity to develop and showcase their presentation skills.

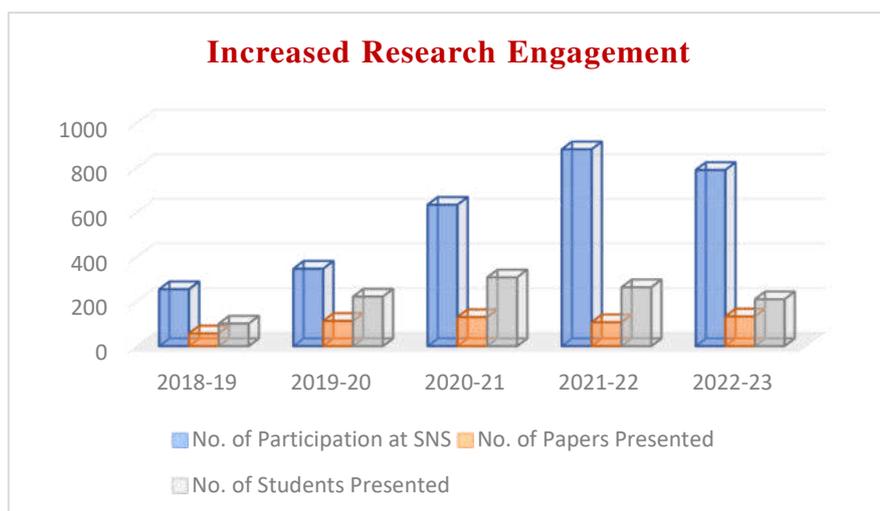
Exposure to consistent presentations, idea generation, implementation and execution have trained students to present research papers. Being first generation candidates, students were able to cultivate research culture and present their papers.

Increase in the number of participation and presentation is the proof of success of Wednesday seminar.

##### ***1.1: Tabular presentation of participation and presentation:***

<b>Academic Year</b>	<b>No. of Participation at SNS</b>	<b>No. of Papers Presented</b>	<b>No. of Students Presented</b>
2018-19	255	57	101
2019-20	347	113	222
2020-21	634	130	308
2021-22	883	107	264
2022-23	790	133	210

## 1.2: Graphical presentation of participation and presentation:



## 2. Improved Critical Skill Development

Wednesday Seminars prepared students for the competitive and complicated world. Continuous presentations and research works helped in overcoming stage fears, inhibitions and anxiety. Completing research works needs additional time, effort and hard work.

Students had to hold on to their research work along with all other academic works. Perseverance, resilience and grit are built through their research works. As a whole conscientiousness was built among students. Wednesday seminar bridged the gap between academic skills and industry requirement skills.

Consistent evaluation of students gave scope for improvement. Sample of documents are presented below.

### 2.1: Sample of Wednesday Seminar Evaluation Sheet:



**Wednesday Seminar  
Evaluation Sheets  
CLASS-II BBA SEC A**

S.No	Roll No	Student Name	Seminar Topic	Evaluation Criteria			Max
				Content	Presentat	Arrangements	
1	U03MB22M0001	RAVICHANDRAN S	Data Processing: Tabulation - Editing - Coding	2	2	1	5
2	U03MB22M0005	V S HARSHA VARDHAN	types of sampling	2	2	1	5
3	U03MB22M0008	ANUSHA B N	Methods of data collection	2	2	1	5
4	U03MB22M0009	VASANTH A	types of sampling	2	2	1	5
5	U03MB22M0010	SHASHIRAO G	review of literature and research gap identification	2	2	1	5
6	U03MB22M0013	BHARATH V	Sources of data	2	2	1	5
7	U03MB22M0014	HARI KUMAR S	types of research	2	2	1	5
8	U03MB22M0018	DARSHAN M	types of reserch	2	2	1	5
9	U03MB22M0020	NISHA K	plagiarism level in national and international	2	2	1	5
10	U03MB22M0021	MUKAMBIKA V	components and sources of Research Problem	2	2	1	5
11	U03MB22M0023	ABHISHEK M	Sources of data	2	2	1	5
12	U03MB22M0031	KARTHIK K	types of research	2	2	1	5

## 2.2: Pre and Post Assessment

Class Co-ordinators would have an informal assessment of students (Observational technique) at the beginning of the semester. Continuous assessment of students is executed as per their performance during Wednesday seminar. An opportunity was created for the first year students to share their valuable insights, innovative ideas and opinions during Wednesday Seminar. Facilitators guided them to frame their views into research work. Facilitators assisted them review research articles and guided them to develop ideas relevant to current scenarios. Structured thinking with research orientation helps students to overcome fears and insecurities of public speaking.

Review of literature is made by students in understanding their variables. Ideas take shape of research methodology and students are encouraged to collect data to analyse their variables scientifically. Scientific steps in data collection are taught by facilitators. Every step of their work had to be presented by students.

Preparing for seminar requires a great deal of thought process, consistent effort and conscious practice of work. Various research platforms through digital library laid foundation for every research work. Digital library and extended review of literature uncovers wide range of research openings. Students derive, define, organize their variables for the study. The upcoming fields are explored and research works are mapped to the digital era framework.

Student National Seminar (SNS) was first organized in the year 2015. SNS has unveiled to fulfil the aspirants of the innovative minds.

In 2018, *the Multi-Disciplinary Student National Seminar (SNS) has unveiled to impart amalgamation of knowledge.* SNS has been an effective way of building critical thinking skills. Experts' feedback after every research paper presentation, gave valuable and constructive feedback to students to strengthen their skills and identify the errors if any. Feedback has helped students to get into minute details of work and build skills of meticulous work. Feedbacks or suggestions after presentation has trained students to attend to every single specific detail.

SNS has been consistently training students to consciously, meticulously, precisely focus on their work. This helps in building meta-cognitive abilities among students.

A sample of the faculty assessment and expert feedback is given below. Wednesday seminar reports containing details of assessments are recorded by each department.

Wednesday Seminar Report	Commerce	Business Administration	Humanities	Science	Computer Application
2018-19 (Odd Sem Report)	Yes	Yes	Yes	Yes	Yes
2018-19 (Even Sem Report)	Yes	Yes	Yes	Yes	Yes
2019-20(Odd Sem Report)	Yes	Yes	Yes	Yes	Yes
2019-20(Even Sem Report)	Yes	Yes	Yes	Yes	Yes
2020-21(Odd Sem Report)	Yes	Yes	Yes	Yes	Yes
2020-21(Even Sem Report)	Yes	Yes	Yes	Yes	Yes
2021-22(Odd Sem Report)	Yes	Yes	Yes	Yes	Yes
2021-22(Even Sem Report)	Yes	Yes	Yes	Yes	Yes
2022-23(Odd Sem Report)	Yes	Yes	Yes	Yes	Yes
2022-23(Even Sem Report)	Yes	Yes	Yes	Yes	Yes

### 2.3: Sample of faculty assessment:



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 Reccredited by NAAC with 'B++' Grade || Recognised under section 2(F) & 12(b) of the UGC Act || An ISO 9001: 2015 Certified Institution  
**A FRANSALIAN INSTITUTE OF HIGHER LEARNING**

#### CRITERIA TO MARKS ALLOTMENT

SL NO	STUDENT	ROLL NO	PRESENTATION (MARKS)	PPT (MARKS)	REFERENCE AND RESEARCH WORK (MARKS)	TOOTAL	REMARKS
1	Akash S R	19HEP001K	4	2	2	08	Satisfied
2	Alex Joseph	19HEP002M	-	-	-	-	ABSENT
3	Anusha K	19HEP003K	3	4	01	08	Can do better
4	Boopathy V	19HEP004TA	3	5	02	09	Satisfied
5	Elendo CH Marak	19HEP006E	2	4	02	08	Can do better
6	Girish G	19HEP007K	3	04	03	10	Neat presentation
7	God Fridewin	19HEP008K	2	03	03	08	Satisfied
	Iyswarya M	19HEP009TA					

8			04	03	03	08	Neat presentation
9	Kavva G L	19HEP010H	03	03	04	10	Neat presentation
10	Keerthana S	19HEP011H	-	-	-	-	ABSENT
11	Mahaingam karhak	19HEP012E	03	04	03	09	Satisfied
12	Manikanta J	19HEP013H	04	03	03	10	Neat presentation
13	Manoj C	19HEP014K	03	03	02	08	Can do better
14	Praveen p Appugol	19HEP015K	02	03	03	08	Can do better
15	Preethi Kumari	19HEP016H	04	03	03	10	Good
16	Sai Kumar R	19HEP0019K	-	-	-	-	ABSENT
17	Bhavith T	19HEP021E	-	-	-	-	ABSENT
18	Vasanth Kumar	19HEP022K	03	03	02	08	Need improvement
19	Viruthika P	19HEP023TA	03	03	03	09	Satisfied
20	Vishalakshi R	19HEP024K	03	02	02	07	Can do better
21	Rizatsing Raising	19HEP025K	-	-	-	-	ABSENT
22	Raziya Begum	19HEP026H	03	03	03	09	Neat Presentation
23	Pooja S T	19HEP028K	03	03	02	08	Can do better
24	Shreyas R	19HEP029K	03	02	02	07	Can do better
25	Anju Angelina D	19HEP030E	03	02	04	09	Satisfied
26	Beauty kumari dixit	19HEP031H	03	04	03	10	Good
27	Dilu Bagsingh	19HEP032H	02	03	03	08	Can do better
28	Bilam	19HEP033H	04	02	02	08	Can do better

### 3: Spreading of the academic and research spirit to outside the College

SNS has not only been giving opportunities to Desalites (students of St Francis de Sales College), it has spread its wings to other college students across India. Initiative of social responsibility by SFS college to encourage research culture in young minds through SNS has been effective.

Students' National Seminar invites research works by students across country. Scrutinized and selected papers are presented during seminar. Subject matter experts judge the presentations. Best paper and presentations are awarded. This would encourage students to challenge themselves for better work and constructs healthy competition among young adults. Interaction between SFS college students with other College students builds their sources, resources and connecting to subject matter experts enhances their knowledge.

#### 3.1: Details of Best Paper Awards at SNS

Academic Year	Business Administration	Commerce	Humanities	Science	Computer Application	Total No. of SFS Students
<b>2018-19</b>						
No. of Awards	1	Nil	1	2	Nil	4
No. of SFS Students	2	Nil	Nil	4	Nil	2
<b>2019-20</b>						
No. of Awards	1	6	1	2	3	13
No. of SFS Students	2	1	1	2	2	8
<b>2020-21</b>						
No. of Awards	1	2	1	2	2	8

No. of SFS Students	2	3	1	1	Nil	7
2021-22						
No. of Awards	1	6	1	5	1	15
No. of SFS Students	2	6	1	5	1	15
2022-23						
No. of Awards	2	7	1	5	1	16
No. of SFS Students	2	7	1	5	1	16
				Total No. of Awards		56
				Total No. of Awards achieved by SFS Students		48

The above results show that SFS College students are competent and capable of quality works. Their competency has brought laureates to the college. A pride moment to the college to have winners after consistent and meticulous training. Awards received are the evidence of success of Wednesday Seminar practice.

### 3.2: Winning laurels at Academic Events

Skills attained have not been restricted to In-house events. Desalites have been successfully presenting papers at National and International conferences organized by various other Institutions. Success is not only in presenting, but receiving Awards for their works. Sample of the certificate has been given below.





# Surana College

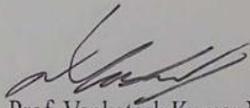
Post Graduate Departments, Bangalore

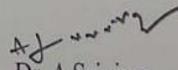
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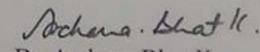


## Recent Trends in Management, IT and Psychology An Interdisciplinary National Conference on Social Media: Challenges and Opportunities

This is to Certify that paper presented by Prof/Dr/Mr/Ms ELMY PELDHO  
titled IMPACT OF SOCIAL MEDIA ON SOCIAL BEHAVIOUR AMONG ADOLESCENTS  
has been awarded as "the best paper" under Students category in the National Conference held at  
Surana College, Bangalore on 6<sup>th</sup> December 2018.

  
Prof. Venkatesh Kumar N  
Head of the Institution

  
Dr. A Srinivas  
Director - MCA

  
Dr. Archana Bhat K  
HOD - Psychology



# Surana College

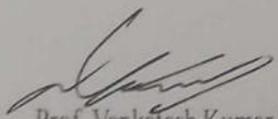
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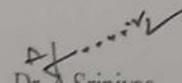
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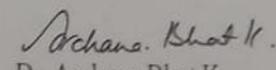


## Recent Trends in Management, IT and Psychology An Interdisciplinary National Conference on Social Media: Challenges and Opportunities

This is to Certify that paper presented by Prof/Dr/Mr/Ms PRATHAMA  
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has been awarded as "the best paper" under Students category in the National Conference held at  
Surana College, Bangalore on 6<sup>th</sup> December 2018.

  
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Dr. Archana Bhat K  
HOD - Psychology

#### 4: Social Impact through Research

The novelty of SNS is building research culture among graduates. *Every department at St Francis de Sales College is part of SNS.* Every step is meticulously followed by every department in the campus. Science, Commerce, Humanities, Management and languages train students in their respective fields. Contribution to science and technology, Indian Economy, Business, physical, social and psychological growth, rich culture and heritage is the success of SNS.

#### 4.1: Samples of titles focusing on social impact are given below:

Presentation Details			
Technical Session 1: Artificial Intelligence			
Oral Presentations: 11:00 am – 1:00pm			
Sl.no.	Name & Affiliation	Title of the Paper	Time Slot
1.	SUMIKSHA HARSHITHA.K	The Influence Of Digital Marketing Based On Natural Language Processing	11:00 am
2.	NIKHIL	Data mining in educational sector	11:10am
3.	ABHISHEK ANGELO & NAYEEM BAIG	Linear Regression and KNN Algorithms: A study.	11:20am
4.	SWETHA BA, SHREE NISARGA G	Machine Learning and Artificial intelligence	11:30am
5.	BALASUNDER ,V GEBIN GEORGE, ADARSH SHIVAN	Data Driven Marketing	11:40am
6.	JABEENA PARVEEN, HARSHITHA D, JYOTHI KUMARI D.	Use Of Artificial Intelligence and Machine Learning In Healthcare	11:50am
7.	VISALA GUPTA T K	IOT & Machine Learning in Medical & Food Industries	12:00pm
8.	PRADEEP NC	Digital Marketing	12:10pm
9.	LIKITHA T , MONISHA S & SOUNDARYA G	A study on Digital learning	12:20pm
10.	CHAITHIRA.S, SIMRAN.R.H	A study on digital marketing: The subsequent switch.	12:30pm

10:30-11:00: Keynote address by **Karamala Areesh Kumar.**

#### 11:00- 13:00 Oral Presentations

**Paper1:** Ishwarya M and Pooja S.T, III BA

HEP “Development of digitalization in education from medieval to modern period.”

**Paper 2:** Tharun, III BA (HES)

“Digitalization of education in India”

**Paper 3:** Ashok Aakash Solomon and Beauty Kumari Dixit, III BA (SEP and HEP)

“The Psychology towards investing by students from awareness to participation in the digital era”.

**Paper 4:** Mercy S.M, III BA (JPE)

“Evolution of digital Psychology.”

**Paper 5:** Janhavi A.M and Pooja R.T, III BSC (CJP)

“The Psychological effects in adolescents using social media: With special reference to stress and obesity.”

**Paper 6:** M. Ambika Singh, Sujay A Thomas and T. Steffi Joseph (II BA and BSC)

“The impact of digitalized era on Modern Psychology”.

**Paper 7:** Kavya G.L and Varsha S, III BA (HEP and JPE)

“Vendors and their outlook: a critical analysis through various dimensions”.

#### 4.2: Samples of publications focusing on social impact:

Name of the Student	Paper Title	Journal Details
Akriti Rao et al	EMOTIONAL MATURITY AND SELF EFFICACY AMONG PARENTS DURING PANDEMIC	Saudi Journal of Humanities and Social Sciences ISSN 2415-6248 (Online), ISSN 2415-6256 (Print), Volume-6, Issue-9 (September, 2021)
Felicia Saldanha & Preethi Devi	PSYCHOLOGICAL WELL-BEING AND HAPPINESS AMONG YOUNG ADULTS UNDER THE CONDITION OF LOCKDOWN	Saudi Journal of Humanities and Social Sciences ISSN 2415-6248 (Online), ISSN 2415-6256 (Print), Volume-6, Issue-9 (September, 2021)
Dibyangana Paul et al	RESILIENCE AND DEATH ANXIETY AMONG COVID POSITIVE AND COVID NEGATIVE PEOPLE	Saudi Journal of Humanities and Social Sciences ISSN 2415-6248 (Online), ISSN 2415-6256 (Print), Volume-6, Issue-9 (September, 2021)

**Research works** executed during Covid-19 and **extension activities** are **correlated**. ‘*Corona Warriors Award*’ was presented to Mr. Karibasava Gowda, NSS officer, SFS college by Karnataka Gandhi Smaraka Nidhi stands out highlighting the concept of taking classroom learning into the field.

## 5: Positive Feedback:

The practice has benefits like gaining knowledge, networking with others, enhancing communication skills, building confidence, building their sources and resources, feedback from experts gives scope for improvement and contribution to the field of research. Addressing larger population inculcates strength to stand for themselves and express their views and also defend for their work. Feedback and Testimonials by students reflects the rich learning and intellectual contribution.

### 5.1: Sample of verbatim feedback:

Tejas. R  
U03MB22M0088

Wednesday seminar.

on this wednesday seminar hour. we get a chance to do presentation on a topic which is new to us. we get to learn new things from this hour.

Monisha. M  
U03MB22M0101

Date .....

Wednesday Seminar

On this wednesday seminar hour, we will a good opportunity to present our skills and we learn more from our mistakes. It helps for good communication.

## National Seminar

Presentation class were so good and we have learnt so many thing from the seminar the seminar class were gone good.

Shilpa . R

U03MB22M0034

Mubabika . V

UC3M22M0021

classmate  
Date \_\_\_\_\_  
Page \_\_\_\_\_

## National Seminar

Presentation class were good and we have learnt so many thing from the seminar. The seminar class were gone good. I have learnt so many things like how we speaker should speak. The diverse range of topics covered enhanced my understanding of current issues. However, logistical aspects could be improved for a smother experience in future events.

### 6: Collaborations with external institutions or industry experts.

Journey of Wednesday Seminar has been very meaningful by having collaborations with experts. Their knowledge and expertise have influenced Desalites in building their careers. Students across country are invited to present their research work at Student National Seminar. Intellectual forum builds an ambience of growth among students. Experts from academy and industry are invited to judge paper presentations. Feedback and judgements teaches students to correct themselves and prepare their research work at global standards.

#### 6.1: Sample of Judging Criteria:

 <b>ST FRANCIS DE SALES COLLEGE</b> <small>Autonomously Affiliated to Bangalore University   ACITE Approved   Electronic City, Bangalore - 100</small> <b>A FRANSALIAN INSTITUTE OF HIGHER LEARNING</b>						
National Student's Seminar- June 2023						
Department of Computer Applications & Research Cell						
Judging Criteria for Best Presentation						
Sl No.	Name of the Presenter	Title of the Presentation	Content (10)	Relevance of the topic (10)	Point allotment Communication Skill (10)	Total 40
1	Havaldin D Jabeena Praveen	Paper 1 Heart Disease	8	8	9	32
2	Vanasa Nabh Makulakshmi	Paper 2 (CUR)	10	9	9	36
3	Ashwini P	Paper 3 (Cancer)	9	8	8	32
4	Simran MdMubarak	Paper 4 C-ITS	7	7	6	27
5	Sanjay Menupriya N Kusuma S	Paper 5 CyberSecurity	7	6	6	25

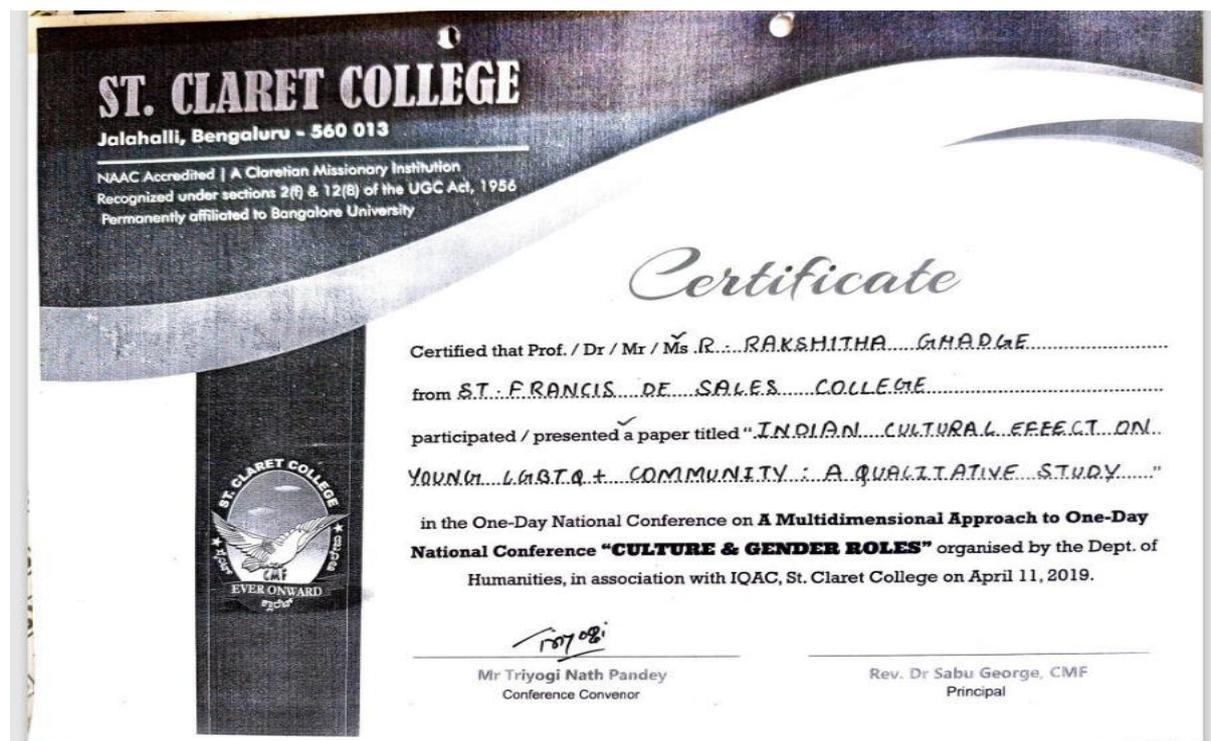
National Student's Seminar- June 2023						
Department of Computer Applications & Research Cell						
Judging Criteria for Best Presentation						
Sl No.	Name of the Presenter	Title of the Presentation	Content (10)	Relevance of the topic (10)	Point allotment Communication Skill (10)	Total 40
6	Niveditha Earthikayen, TR Srinidhi	Paper 6 (Data Science)	9	10	9	37
7	Joseph Anil Raj, Prasanth D	Paper 7 AI	8	8	8	32
8	Stanija Mary Isaac	Paper 8 Cloud Computing	8	7	7	30
9	Chandana C D Choukhan	Paper 9, "Big Data"	8	8	7	31
10	Bhagya Lakshmi Harshad Babu Praveen MD	Paper 10 CyberSecurity	8	7	7	29

## 7. A holistic educational growth – beyond the classrooms

Efforts of moulding young minds is attained in the process of Wednesday Seminar. A detailed, structured and planned efforts in every year of graduation has built many skills among students. Wednesday Seminars prepared students for the competitive and complicated world. Completing research works needs additional time, effort and hard work.

Students had to hold on to their research work along with all other academic works. Perseverance, resilience and grit are built through their research works. As a whole conscientiousness was built among students. Many students went on using these skills outside the college. They have presented papers at various National and International Conferences.

### 7.1: Sample of certificates of Paper Presentations:



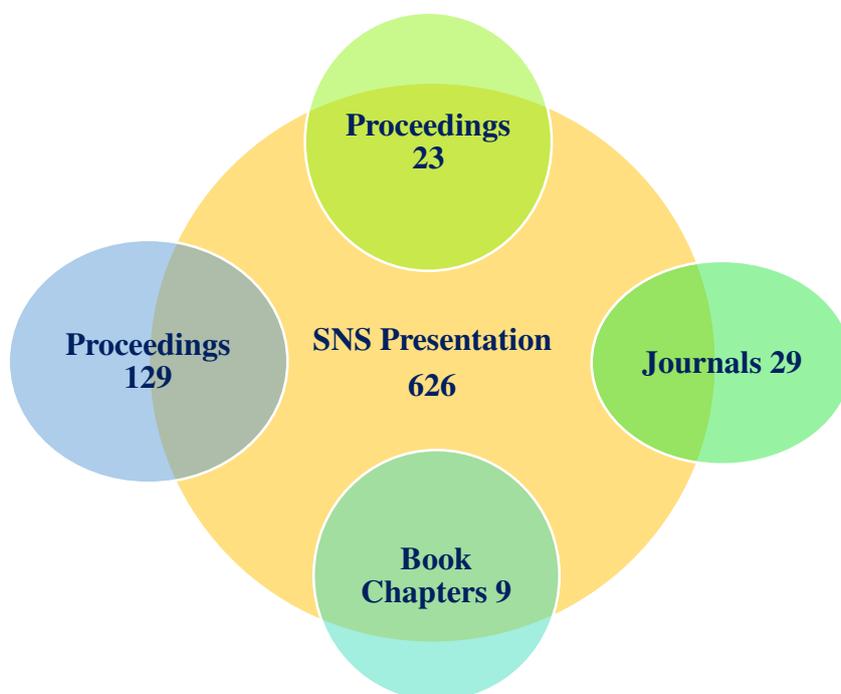
## 8. Research Output

Student National Seminar has been effective through the publications of the papers presented by students. Under-graduate and Post-graduate students have successfully published at journals and book chapters. Few publications have encouraged students and number of publications have increased. Though primary goal of Wednesday Seminar was to bridge the gap between academic and industry required skills, mentors have been able to identify few best papers and publishing the same.

### 8.1: Tabular presentation of publication details:

Academic Year	No. of Papers Received/Presented	No. of Papers Published	No. of papers as Proceedings	No. of Papers at UGC Carelist/ Peer Reviewed Journals	No. of Book Chapters
2018-19	62	1	25	1	Nil
2019-20	123		29		
2020-21	130	7	33	7	
2021-22	159	15	15	15	
2022-23	152		27	6	9
<b>Total</b>	<b>626</b>	<b>23</b>	<b>129</b>	<b>29</b>	<b>9</b>

### 8.2: Pictorial presentation of publication details:



## 9: Alumni Career Paths

St Francis de Sales College understands the importance of intellectual stimulation among students. Wednesday Seminar is an intellectual forum in building skills. Students' seminar is

the gateway for their successful career path. Desalites seeking admission to PG courses shows the path chosen by students in gaining higher order thinking to build their careers. Post Graduation expects higher level of research work and academic contribution. Rigorous training during Wednesday seminar and SNS has inculcated importance of higher education and to choose right path of career. Students joining at SFS for Post Graduation have continued their research journey. Its not only presentations, but have involved into publications.

### 9.1: Sample of Publications:



**SASPREdu**  
International Pvt. Ltd.  
Registered under the Companies Act, 2013 (18 of 2013), Govt. of India

Website: [www.saspredu.com](http://www.saspredu.com)  
Email: [hr@saspredu.com](mailto:hr@saspredu.com)  
Tel & Fax: 03674-267245  
Mob: +91-9365665504

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**SCHOLARS ACADEMIC AND SCIENTIFIC SOCIETY**  
204, Borhawor, Murajhar, Hojai, Assam, India-782439, [www.sassociety.com](http://www.sassociety.com)  
(A Society Registered under Society Registration Act XXI of 1860, India)

### Publication Certificate

This certificate confirms that "**Felicia Saldanha, Preethi Devi Y, Mamatha K**" have published manuscript titled "**Psychological Well-Being and Happiness among Young Adults under the Condition of Lockdown**".

**Journal:** **Saudi Journal of Humanities and Social Sciences**  
Abbreviated key title: *Saudi J. Humanities Soc. Sci.*  
ISSN 2415-6248 (Online) | ISSN 2415-6256 (Print)  
Publisher: Scholars Middle East Publishers, UAE

Details of Published Article as follow-

Volume : **6**  
Issue : **9**  
Year : **2021**  
Page Number : **327-333**  
Date of Issue: **12-10-2021**



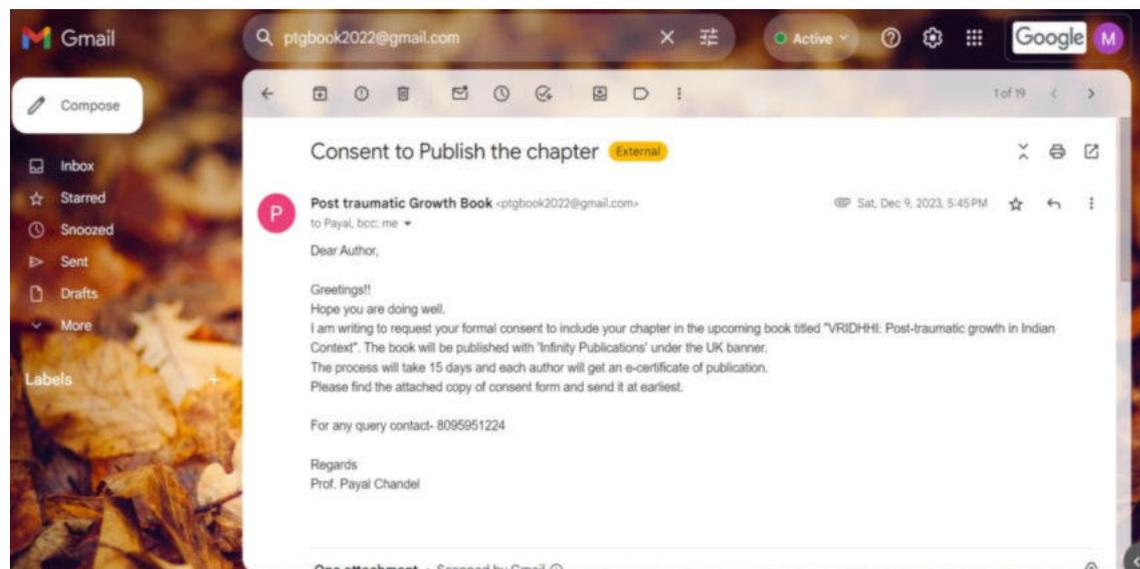


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## **10: Alignment with Sustainable Development Goals**

Sustainable development goals of quality education are attained through consistent presentations at Wednesday seminars and SDG of Industry, innovation and infrastructure are attained through research works presentations at SNS.

Around 125 to 150 research papers were presented every year at SNS (2018-19 to 2022-23). Group of 2 or 3 students were allowed to work on a research paper. The rule of mandatory presentation made every student present during SNS.

Seminar proceedings are printed for the year 2018-19 and 2019-20. Selected papers from SNS 2021-22 were published in Peer-Reviewed Journals. Selected papers from SNS 2022-23 were published with ISBN as Book Chapters. *Presentation is the major evidence of success of Wednesday Seminar at SNS; adding to this success is the proceedings and publication in Journals/book chapters.* A few students have even published papers in UGC Care-listed journals and articles in newspaper and books. Eventually, many students from UG and PG not just in SNS, they have *presented papers at many National Seminars and Conferences.*

**All Proofs are documented in Files by the respective departments as per the details given below:**

- File No. 4: Wednesday Seminar
- File No. 13: Student National Seminar (SNS)
- File No. 17: Advanced Learners (Presentation details)
- File No. 24.1: Publication details
- File No. 29: Student Progression (Offer Letters)

## **Conclusion**

Rigorous training prepares young adults to be the able citizens of the country. Institutional values depend on sending out the capable and efficient candidates. Wednesday Seminar has tapped skills among Desalites and prepare them for the competitive world. Mind Craft by nurturing young scholars has been rigorously practiced through Wednesday Seminar.