



ST FRANCIS DE SALES COLLEGE

Permanently Affiliated to Bangalore University || AICTE Approved Electronic City, Bengaluru - 100

Reaccredited by NAAC with 'B++' Grade || Recognised under section 2(f) & 12(b) of the UGC Act || An ISO 9001: 2015 Certified Institution

A FRANSALIAN INSTITUTE OF HIGHER LEARNING

Emerging Trends in Psychology:

- Tech Dependency



Dept. of Psychology

Post Graduate Centre

**In Association With
Research Cell**

Organize

Seminar on

EMERGING TRENDS IN THE FIELD OF PSYCHOLOGY

Date: 14.02.2023

Time: 10:45AM to 11:40AM

Venue: Room No: PG004



RESOURCE PERSON

Dr Chetna Lakhotia

Freelancer
Former Asst Professor



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SEMINAR on EMERGING TRENDS IN THE FIELD OF PSYCHOLOGY

Title	EMERGING TRENDS IN THE FIELD OF PSYCHOLOGY
Date of Event	14.02.2023
Department / Association	Dept. of Psychology, Postgraduate Centre in association with Research Cell
Venue	Room No. PG004
Number of Participants	19
Targets Audience	MSC Psychology Students
Place of visit/ details of Industrial Visit place (if applicable):	NA
Event Coordinator	Dr Mamatha K
Resource Person & details	<p>Dr Chetna Lakhota</p> <p>Dr Chetna completed her PhD at ITS University, Jaipur on "Positive organizational correlates of employee work ethics and spirituality". She was the Best outgoing student of her college. At present Dr Chetna is Freelancer, who has conducted various workshops on research methodology, SPSS, Body Language, Emotional Intelligence amongst others and one-on-one sessions for professional development. She has worked as Adjunct faculty at Christ University. She has also worked at IIPR College, where she has developed course plans, lectures and materials for UG & PG students, held the Office of Assistant Coordinator, Ug Programs; Assistant Coordinator, Student Welfare Office (SWO), RAC Committee, College Magazine, organized and judged various inter and intra collegiate activities, promoted environment conducive to learning and guided more than 20 research dissertations. Work experience at US University, Jaipur adds to her credit.</p>



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www.sfscollege.in



Report:

Infinity: Guest Lecture series at postgraduate centre gives scope to invite resource people to campus and add to the knowledge bank of students. Dept. of Psychology, Postgraduate Centre in association with research cell initiated to host Infinity: Guest Lecture on 14th Feb 2023. Dr Chetna Lakhota, Freelancer was invited to address MSc Psychology students. Dr Chetna was welcomed and introduced to students. She started the session with an Ice breaking activity. She started session highlighting the emerging trends in psychology. She explained about psychological research becoming more inclusive and interdisciplinary. Impact of this paradigm shift was explained.

She added about change in the field of psychology due to change in scientific technology. Dr Chetna then focused on rise of psychology podcast. She emphasised on mental health at workplace. Building mental health in workplace and practices were briefed. Finally new emerging trends in psychology were explained in detail. Many new fields are adding up. Importance of these fields in making Psychology better was explained. The whole session was very interactive. After conclusions students had many queries. All doubts were explained with many examples. The resource person was thanked with certificate of appreciation.

Learning Outcome: Infinity aims to connect students to research. Emerging trends in psychology was useful to understand the new trends in research. The session gave new perspective of research and future prospects to students. As budding psychologists new openings in the field of research motivates students them to take up research at greater level. Infinity is always an eye opener. For the academic year it brought in hope and vision in the field of psychology.



Invitation to the Resource Person:

My Invitation to be Resource Person X St Francis de Sales College Mail +
← → C mail.google.com/mail/u/0/?k=0839c6c5c1&view=pt&search=all&permthid=thread-a%3Ar-14776581113271444&simpl=msg-a%3Ar-561675347673489... ↗ ☆ M :
Gmail Mamatha K <mamathak_psy@sfscollege.in>

Invitation to be Resource Person
5 messages

Mamatha K <mamathak_psy@sfscollege.in>
To: "lakhotia.chetna@gmail.com" <lakhotia.chetna@gmail.com>
Cc: Payal Roy <payalroy@sfscollege.in>, TRISHALAM <trishalam@sfscollege.in>
Mon, Jan 30, 2023 at 12:19 PM

Dear Professor,

Greetings from St. Francis de Sales College, Electronic City, Bangalore!

We are extremely pleased to inform you, Dr Chetna Lakhotia, Freelancer, Former Asst. Professor, that we are organizing the *Infinity-2022-23. Guest Lecture Series from 13th to 15th February, 2023*. It is indeed a great honour and privilege to extend our warm welcome and cordially invite you to be the **Resource Person** in this academic event titled "*Paradigm Shift in Research*" to be held on **14.02.2023**. We would be extremely delighted if you could address the young and aspiring scholars, enlighten them on your viewpoints and motivate them towards pursuing rigorous research that contributes to the welfare of our society.

We look forward to your positive response.

With Regards,
Dr Mamatha K
Head & Asst. Professor
Dept. of Psychology
Postgraduate Centre
St Francis de Sales College
Bengaluru

Acceptance from Resource Person:

My Invitation to be Resource Person X St Francis de Sales College Mail +
← → C mail.google.com/mail/u/0/?k=0839c6c5c1&view=pt&search=all&permthid=thread-a%3Ar-14776581113271444&simpl=msg-a%3Ar-561675347673489... ↗ ☆ M :
Chetna Lakhotia <lakhotia.chetna@gmail.com>
To: Mamatha K <mamathak_psy@sfscollege.in>
Mon, Jan 30, 2023 at 12:47 PM

Greetings Ma'am
Thank you so much for giving me this opportunity and finding me fit for the session.
I am already delighted and looking forward to interacting with young minds.

Thanks and Regards
Dr Chetna Lakhotia
[Quoted text hidden]

Chetna Lakhotia <lakhotia.chetna@gmail.com>
To: Mamatha K <mamathak_psy@sfscollege.in>
Mon, Jan 30, 2023 at 12:51 PM

I had also like clarity on few things -
1. Certificate (will I be issued any from the institute)
2. Remuneration
3. Timing of the event

Thank you.
[Quoted text hidden]

Mamatha K <mamathak_psy@sfscollege.in>
To: Chetna Lakhotia <lakhotia.chetna@gmail.com>
Mon, Jan 30, 2023 at 1:05 PM

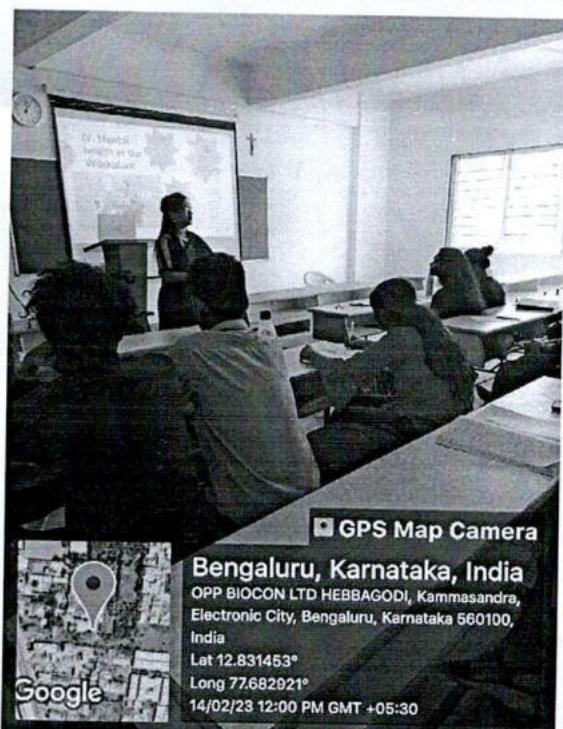
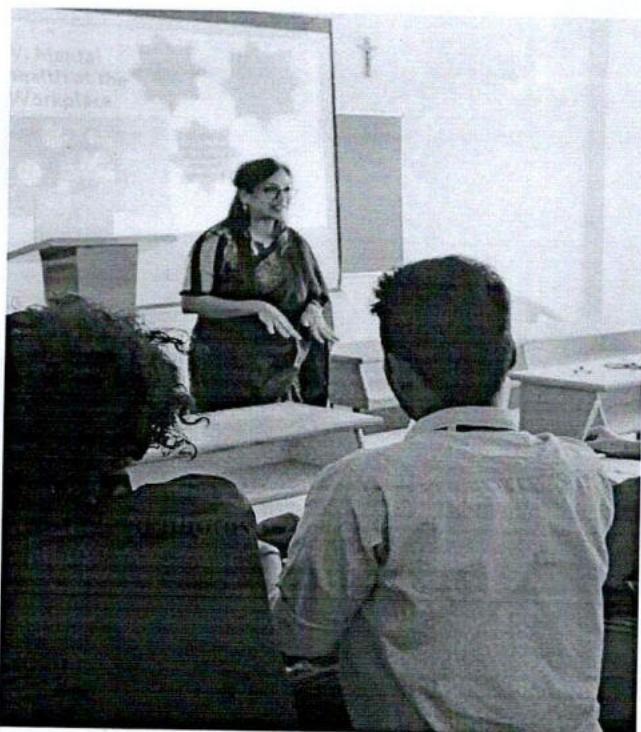
Dear Dr Chetna,
Thank you for the acceptance.
Yes, an appreciation letter and remuneration will be given. I shall confirm the timings, as its not decided yet. Most probably its 12 to 1.

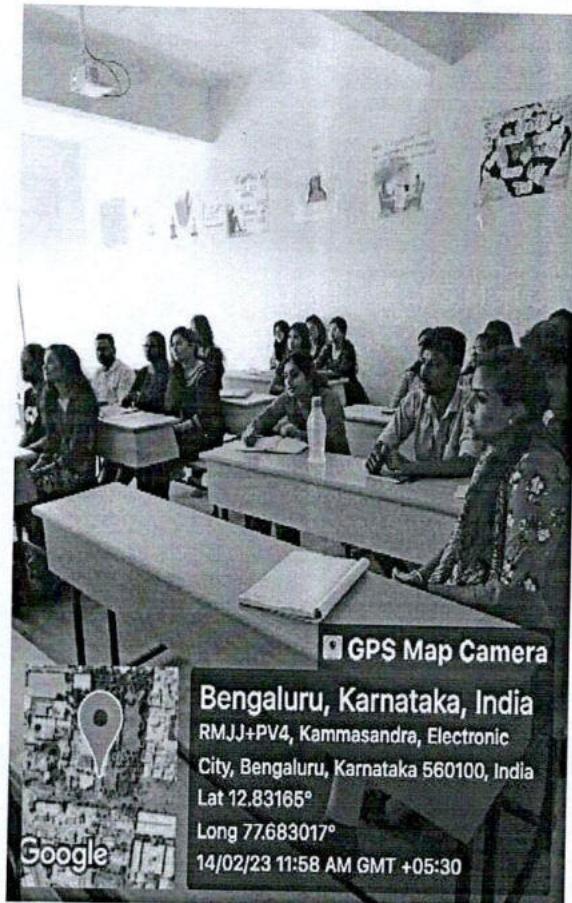
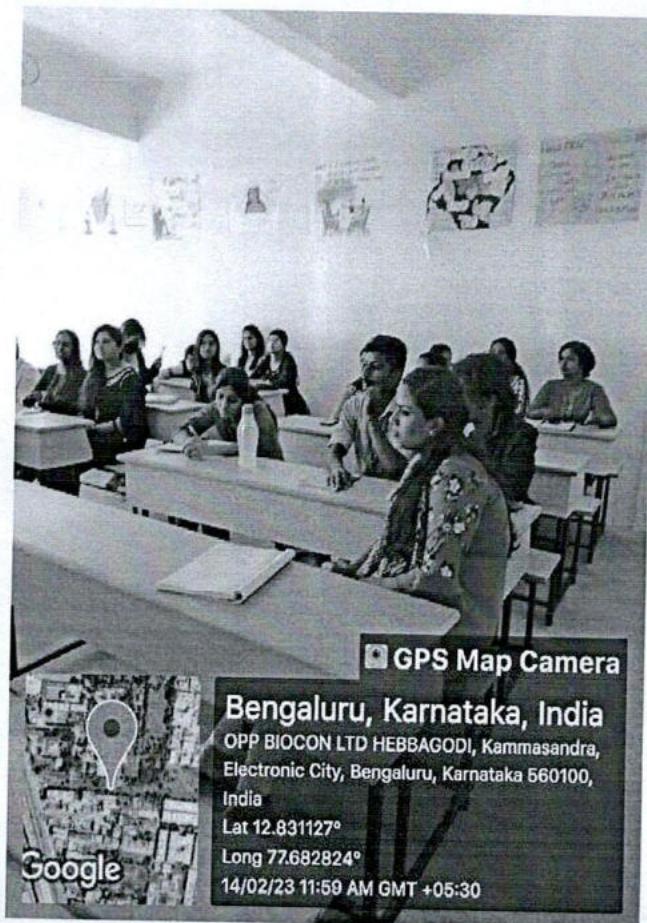
Chetna Lakhotia <lakhotia.chetna@gmail.com>
To: Mamatha K <mamathak_psy@sfscollege.in>
Mon, Jan 30, 2023 at 1:06 PM

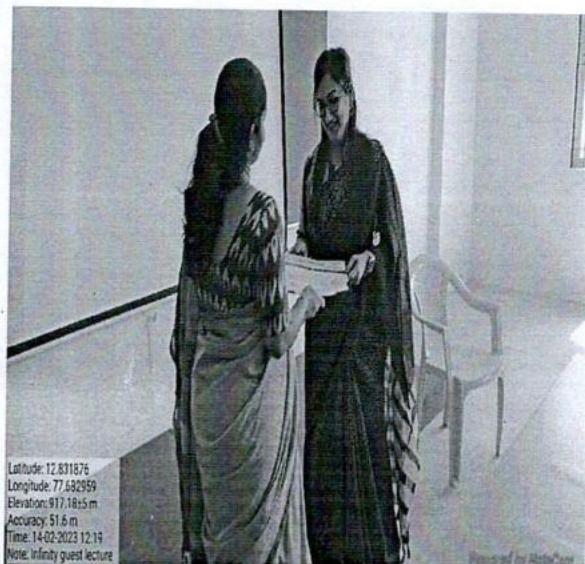
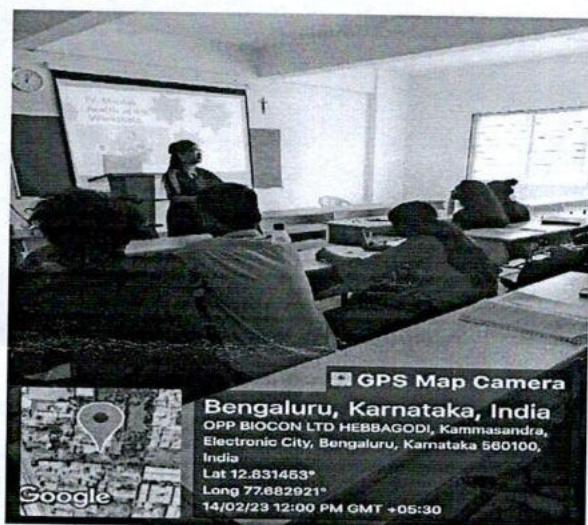
Thank you Ma'am.



Geo-tagged photos:



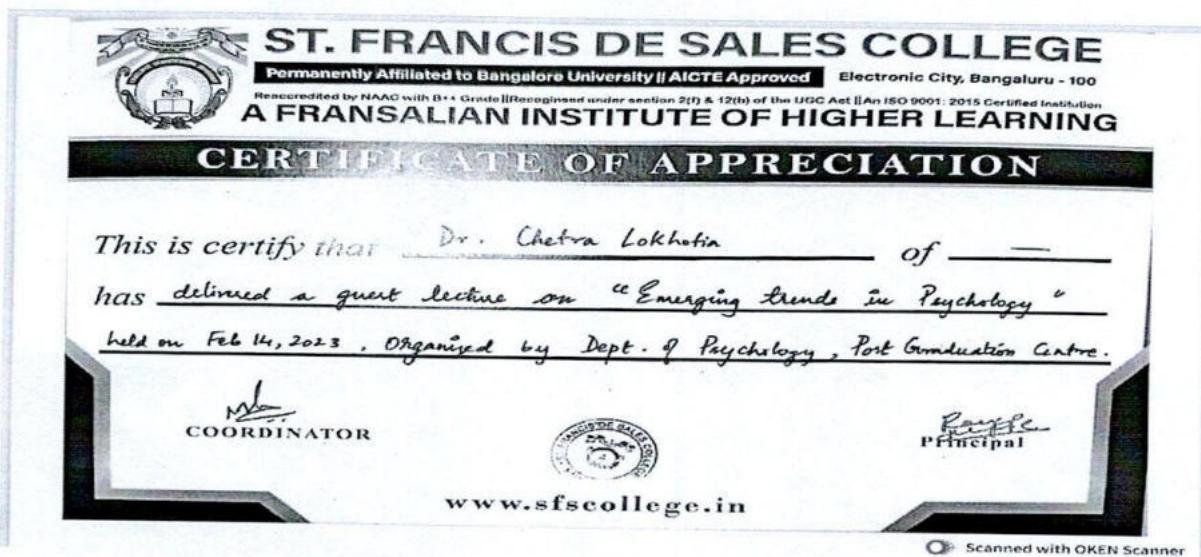




Rajya

PRINCIPAL
St. Francis de Sales College
Electronics City Post, Bangalore - 560 412

Certificate of Appreciation:



Attendance Sheet:

ATTENDANCE SHEET EMERGING TRENDS IN THE FIELD OF PSYCHOLOGY Date: 14/02/2023

Class	Name	Signature of Student
2 nd M.Sc Psychology	Deeksha K N	<i>[Signature]</i>
2 nd M.Sc Psychology	Anjana Shaji	<i>[Signature]</i>
2 nd M.Sc Psychology	Naffya Fathima M	<i>[Signature]</i>
2 nd M.Sc Psychology	Shalini M	<i>[Signature]</i>
2 nd M.Sc Psychology	Baptist Milton	<i>[Signature]</i>
2 nd M.Sc Psychology	Vaishnavi A	<i>[Signature]</i>
2 nd M.Sc Psychology	Viney Veronica T	<i>[Signature]</i>
2 nd M.Sc Psychology	Sowjanya Adiga	<i>[Signature]</i>
2 nd M.Sc Psychology	Ancy Alexander E	<i>[Signature]</i>
2 nd M.Sc Psychology	Aashin Shajeev Keloth	<i>[Signature]</i>
1 st M.Sc Psychology	Lekshmi Rajesh Nair	<i>[Signature]</i>
1 st M.Sc Psychology	Bachan Babsingh	<i>[Signature]</i>
1 st M.Sc Psychology	Mercy SM	<i>[Signature]</i>
1 st M.Sc Psychology	Shalini Y	<i>[Signature]</i>
1 st M.Sc Psychology	Alwin Raj	<i>[Signature]</i>
1 st M.Sc Psychology	Vinni J Nershini	<i>[Signature]</i>
1 st M.Sc Psychology	Chandini M	<i>[Signature]</i>
1 st M.Sc Psychology	Sahil George Kujur	<i>[Signature]</i>
1 st M.Sc Psychology	Jayashree R	<i>[Signature]</i>

