



Report on Skill Development Programme on Improving Memory Using ICT

Title	Improving Memory Using ICT
Date of Event(s)	27 January 2021
Department / Association	Chaucer's Academy, Department of English
Venue	Google Meet
Number of Participants	168
Target Audience	III SEM BCOM/BBA/BCA Students

Resource Person with qualification	Dr. Sheeba M, Head of the Department of English, SFS College, Bengaluru.
Books (if published)	

“It is possible to fly without motors, but not without knowledge and skill”, rightly said Wilbur Wright. St. Francis de Sales College understands the importance of developing skills in today's competitive world. Hence, it has constituted a special skill development cell- The Desalites Skill Development Cell that works relentlessly to enhance the employability skills of the students so that after completing their formal education, the students can face the challenges of the global competitive job market with confidence.

The Desalites Skill Development Cell in association with the Chaucer's Academy organised a skill development programme on ICT titled, “Improving Memory Using ICT” for the III Semester BCA/BBA/BCOM students on 27 January 2021. The programme was conducted via Google Meet from 1pm to 2pm. The objective of this skill development programme was to impart reliability by improving cognizance with supportive technology. The resource person of the programme was Dr. Sheeba, HoD, Department of English, SFS College.

The resource person started the session by quoting Aneta Cruz, “Your mind is your greatest

power, use it well.” She emphasised on the importance of sharp memory and the power of human brain. Next, she went on to describe the types of memory. After that, the resource person discussed the memory improvement techniques in detail. She said that in order to sharpen our memory it is important to challenge the brain and one can challenge the brain in a number of ways like learning a new skill or a new language, playing brain games, socializing, joining online games and hanging up with positive people. Dr. Sheeba also some of the important brain-boosting activities like swimming, cycling, aerobics, laughter, pleasant conversation, mediation, and yoga etc.

The resource person enumerated the games that can sharpen our brains. She made the students play a few games in the session to help them understand the power of these games in improving memory. She spoke about the different mnemonic device like visual image, acrostic, acronym, rhymes and alliteration. She also threw light on the strategy games. She spoke in length about the techniques and tricks that can be used to sharpen our brain. She shared the links of the various websites where the students can play web games and solve puzzles that would sharpen their memory. The students thoroughly enjoyed the session as they were made to play memory enhancing game and they were also encouraged to play memory boosting games.

To evaluate whether the students have understood the concept of enhancing memory through ICT and whether the objective of the programme was achieved, an assessment form was shared with the students. The concepts that were discussed during the session were evaluated through the assessment form. At the end of the session, feedback about the session was also collected from the students through Google form. The students gave positive feedback about the skill development programme and they said that they look forward to more such sessions in the future. E-certificate was issued to all the participants who passed the assessment.


COORDINATOR
Desalite Skill Development Cell
St. Francis de Sales College
Bengaluru - 560100



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Desalites Skill Development Cell in association with

CHAUCER'S ACADEMY

Department of English

is Organizing a Programme on

“Improving Memory using ICT ”

for III SEM- BCOM/BCA/BBA students

1:00.PM to 2:00.PM

By

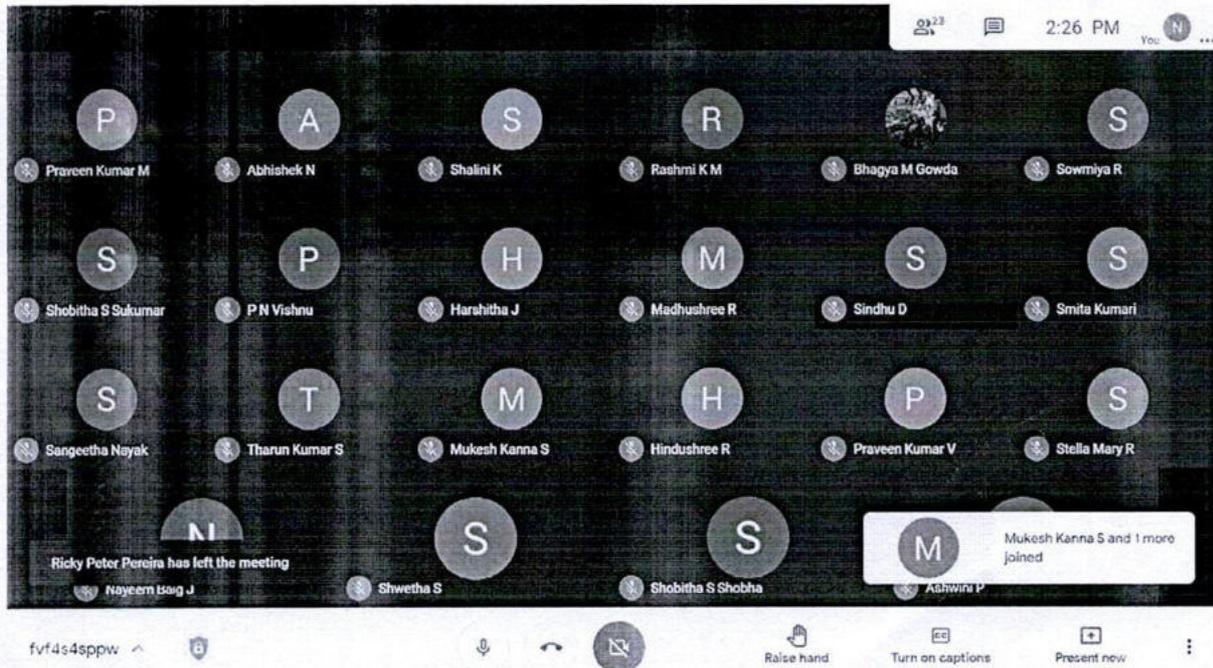
Prof.Dr.Sheeba.M

To impart reliability by improving cognizance with supportive technology

Prof.Dr.Sheeba.M
sheebam@sfscollege.in

E - Certificates will be issued once the feedback form is submitted

Invite of the Skill Development Programme



Skill Development Session in progress