



ST. FRANCIS DE SALES COLLEGE

A FRANSALIAN INSTITUTE OF HIGHER EDUCATION **AUTONOMOUS**

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END SEMESTER EXAMINATION – APRIL/MAY 2026

PSYCHOLOGY – IV SEMESTER BA/BSC

25UBA45B/25BSC45C– DEVELOPMENTAL PSYCHOLOGY

Time: 3 Hours

Max. Marks: 80

Instruction: *Answer should be written completely in English.*

SECTION - A

Answer any ten questions. Each question carries two marks.

(10X2=20)

1. Meaning of primary sex characteristics; give examples for male and female sex primary sex characteristics.
2. Explain main reasons why adolescents sleep more during the day?
3. How would the life of an adolescent look when he or she is in a state of Identity Foreclosure?
4. What is meant by emerging adulthood?
5. Explain how lifestyle choices influence health in early adulthood.
6. Who proposed the Life-Span, Life-Space Theory of career development?
7. At what average age does menopause occur in women?
8. Describe the changes in hearing ability in middle adulthood.
9. Explain why middle adulthood is considered a period of increasing responsibility.
10. What is meant by biological aging?
11. Explain why physical strength declines with age.
12. How can older adults maintain their physical strength and endurance?

SECTION - B

Answer any six questions. Each question carries five marks.

(6X5=30)

13. Describe the growth spurt that occurs during adolescence.
14. Provide evaluation of gender identity in Indian context.
15. Explain how in early adulthood, individuals employ/use Schaie's "achieving stage" in their daily life.
16. Analyze the benefits and challenges of marriage in early adulthood.
17. Explain how do career plateau and occupational burnout influence middle adults?
18. Assess the significance of social support and financial security in adjusting to retirement.
19. Discuss remarriage and its benefits in old age.
20. Critically analyse the impact of biological aging and life review in late adulthood.



SECTION - C

Answer any three questions. Each question carries ten marks.

(3X10=30)

21. Identify the pattern of growth during the adolescent growth spurt.
22. Evaluate the importance of ethnic identity in adolescent self-development.
23. Evaluate the impact of romantic love and affectionate love on adult relationships.
24. Explain the factors that affect successful adjustment to retirement in middle adulthood.
25. Evaluate the patterns of grieving with special reference to old age.

