



PG – 221

III Semester M.Sc. Examination, March/April 2021
(CBCS Scheme)
PSYCHOLOGY
Paper – 303 : Psychological Therapies

Time : 3 Hours

Max. Marks : 70

- Instructions :** 1) Answer *all* the questions.
2) *All* questions carry *equal* marks.

(14×5=70)

1. a) Define psychotherapy. Describe the goals of intervention.

OR

b) Describe Yoga and Buddhistic traditions in therapy.

2. a) Evaluate neofreudian approach of therapy.

OR

b) Explain brief dynamic therapies.

3. a) Describe Rogerian humanistic approach to therapies.

OR

b) Discuss the need and applications of family therapy.

4. a) Describe therapeutic techniques based on classical conditioning theory.

OR

b) Explain cognitive behaviour therapy.

5. a) Explain the concept of prevention. Describe crisis intervention.

OR

b) Explain interventions for mental retardation.

P.T.O.